



Where every woman's voice is heard

SISTERHOOD SPECIAL EDUCATIONAL EVENT
OPEN TO ALL BETH JUDEA MEMBERS

Wednesday, January 17, 2018
7:00 pm



Sunset Foods

on Route 83 in Long Grove
(we will meet at Customer Service)



Special Presentation by:

Courtney Mayszak,
Registered Dietician Nutritionist



Courtney will give us an overview, a tour
and answer questions on nutrition.

Free and open to all Beth Judea members

“Come kick off our 2018 focus on Health and Wellness”



RSVP to Lisa Neiman at lneman@bethjudea.org

Please contact Lisa Neiman at lneman@bethjudea.org or 847-634-0777 if you need any special accommodations, including transportation, to participate in our program.