

PASSOVER GUIDE AND SCHEDULE OF SERVICES

May your Pesach overflow with happiness.
May you always be blessed with health,
peace, prosperity and togetherness.

With sincere wishes to our Beth Judea family a
happy and blessed Pesach filled with love.

A Passover Message Rabbi Zimbalist

As we embrace Passover this year, we follow a basic set of rituals that never change – we clean, we cook, we pray, we talk and we eat. Of course, there never seems to be quite enough time to do all of this preparatory work, but perhaps that helps us to better authenticate and experience the haste that our ancestors experienced when leaving Egypt. As we know, they were rushed. Their bread did not have enough time to rise. We feel this in our generation, too. We continually struggle with time management and too often complain about a lack of time to get things done, which begs the questions: Are we still slaves and if so, who are our oppressors? What can we learn from the Exodus from Egypt that still applies to our lives today?

As Americans, we live in a world that is free; however, even as a free people, we continually fall victim to oppression that holds us back from achieving our maximum potential. In the haggadah

(continued on next page)

2019 – 5779 SCHEDULE

Thursday, April 18		Search for Chametz.....Thursday Evening
Friday, April 19	(Form on Pg. 5)	Final day to sell Chametz
Friday, April 19		Fast of 1 st Born Svc. at Beth Judea.....7:30 AM Breakfast sponsored by Rabbi Zimbalist in memory of his father, Chaim H. Zimbalist Chametz is burned by.....10:00 AM
	1 st Night Passover	Light Shabbat Candles before 7:20 pm First Seder in the Evening.
Saturday, April 20	1 st Day Passover	Shabbat/Passover I Service.....9:30 AMNo evening service
		Light Candles after 8:29 pm Second Seder in the Evening
Sunday, April 21	2 nd Day Passover	Passover II Service.....9:30 AMNo evening service
Monday, April 22	3 rd Day Passover	Morning Minyan.....7:15 AM Evening Minyan7:30 PM
Tuesday, April 23	4 th Day Passover	Morning Minyan.....7:15 AM Evening Minyan7:30 PM
Wednesday, April 24	5 th Day Passover	Morning Minyan.....7:15 AM Evening Minyan7:30 PM
Thursday, April 25	6 th Day Passover	Morning Minyan.....7:15 AM Evening Minyan7:30 PM
		Light Candles before 7:26 pm
Friday, April 26	7 th Day Passover	Passover VII Service.....9:30 AM Passover Shabbat Dinner.....6:00 PM
		Light Shabbat Candles before 7:27 pm Shabbat/Passover Services.....7:30 PM
Saturday, April 27	8 th Day Passover	Shabbat/Passover VIII Service.....9:30 AM with Yizkor and Dedication of Yahrzeit Plaques

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Please Note: On April 26 we will be having a Pesach Shabbat Dinner

**If you wish to attend you MUST rsvp NO LATER than
APRIL 15, 2019!!**

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Rabbi Zimbalist Passover Message (continued)

entitled A Night to Remember, author Michael Walzer writes (from Exodus and Revolution), "We still believe, or many of us do, what the Exodus first taught: First, that wherever you live, it is probably Egypt; Second, that there is a better place, a world more attractive, a promised land and Third, that 'the way to the land is through the wilderness.'" Walzer makes a powerful psychological point while simultaneously challenging us to learn from the power of memory and experience.

Societal oppression continues today. As Walzer suggests, the "Egypt" of our haggadah still exists and can be seen both here and abroad through the lens of hate crimes and terror. We best identify this hatred as racism, anti-Semitism and Islamophobia. Self-imposed oppression is very different and tends not to be violent or as overt as societal oppression, but rather, it limits our freedom through the oppression of being overscheduled, underprepared and rushed. Too often, we find ourselves ignoring our own personal needs, failing in our self-care and forgetting to be appreciative and thankful for the abounding goodness in our lives. Both types of oppression leave us craving a better life – one that is free from senseless hatred, free from the constraints of time and deadlines, free from our responsibilities to those who depend on us the most, and free from negativity. Quite simply, we need change and we need to make things better.

Our ancestors committed to a vision of faith and proactive engagement to better their lives when they left Egypt. Despite uncertainty and what were undoubtedly overwhelming obstacles, they persevered and prevailed. With similar dedication, devotion and a commitment to things much greater than ourselves, we can proactively change our lives and feel a greater sense of freedom from whatever binds us and holds us back from achieving our true potential. Walzer concludes, "There is no way to get from here to there except by joining together and marching." Our ancestors' journey is testimony to this fact; however, they couldn't have joined together without first having been inspired to change as individuals. Perhaps that is the essence of Passover and essential for our journey this year from slavery to freedom.

Chag Sameach v'Kasher – May we all have meaningful and transformative experiences this Passover as we continually recall our journey from slavery to freedom.

Chametz Must Be Sold By 8:30 a.m., April 19th



Pesach Shabbat Dinner
Friday, April 26, 2019
Dinner - 6:00 pm
Shabbat Services - 7:30 pm

The menu includes:

Lemon Chicken, Apple Matzo Kugel, Salad and Vegetables
We will have delicious sweets at the oneg following services

The cost is:

\$28.00/Adult, \$15.00 for children (6-12) and
\$6.00 for children 5 and under

Please bring your own Kosher for Pesach Wine

April 26th Pesach Shabbat Dinner
RSVP'S due by Monday, April 15, 2019

Name: _____ Phone: _____

_____ # Adults (12 & over) \$28.00
_____ # Children (6-12) \$15.00
_____ #Children (5 & under) \$6.00

_____ # of Vegetarian Meals

We would like to sit with:

DO YOU NEED SPECIAL ACCOMMODATIONS? Please contact Lisa Neiman at lneman@bethjudea.org or (847) 634-0777 if you need any special accommodations, including transportation, to attend this dinner.



REMEMBER:
 Saturday, April 27

Shabbat/Passover VIII Service w/Yizkor at 9:30 AM

Yizkor and Dedication of Yahrzeit Plaques honoring the memory of:
*Robyn Anders, Ilene Joy Becker, Irwin Dritz, Jeannette Dritz,
 Dr. Alan Edelman, Jerry Lipson, Dorinne Palmer, Rochelle Sakol Radin,
 Betty Unger, Carl Unger, Chaim H. Zimbalist.*

CANDLE LIGHTING TIMES

Friday	April 19	before	7:20 pm
Saturday	April 20	after	8:29 pm
Thursday	April 25	before	7:26 pm
Friday	April 26	before	7:27 pm



The Rabbinical Assembly כנסת הרבנים

PESAH GUIDE 5779

The following guidelines are based on the information provided by the:

RABBINICAL ASSEMBLY

3080 Broadway | New York, NY 10027 | phone 212.280.6000 | fax 212.749.9166 | info@rabbinicalassembly.org |
 rabbinicalassembly.org

THE RABBINICAL ASSEMBLY PESAH GUIDE

The Committee on Jewish Law & Standards (CJLS) Kashrut Subcommittee²
 Introduction by Rabbi Elliot N. Dorff, Chair, CJLS

Their guide can be accessed by:

<http://www.rabbinicalassembly.org/pesah-guide>



Please complete the form below and return it to Rabbi Zimbalist no later than
Friday, April 19, 2019 at 8:30 a.m.

I/We, _____ the undersigned appoint **Rabbi Morris Zimbalist** to be my/our true and lawful representative to act in my/our place and stead, and on my/our behalf, to sell all hametz owned and possessed by me/us, knowingly or unknowingly, as stated in the Torah and defined by the sages of Israel (e.g., hametz; hashash hametz – suspect hametz; and all kinds of ta'arovet hametz – hametz mixtures); also, hametz that tends to harden and to adhere to the surface of pans, pots, or other cooking or eating utensils, and all beverages that may contain hametz, and to lease all places wherein the aforementioned hametz owned or possessed by me/us may be found, including (please enter all residence and business addresses):

Rabbi Morris Zimbalist has the full authority and power to sell said hametz and to lease said place or places where in said hametz may be found, upon terms and conditions as discretion dictates according to religious law for the duration of the festival of Passover 5779/2019.

To execute this agreement, I/we hereby affix my/our signature(s) on this the _____ day of the month of _____, in the year _____. (Electronic signatures may be used.)

 Name (Print)

 Name (Print)

 Signature

 Signature

Passover Customs, Dates and Information

MAOT CHITIM FUND

Each year it is customary to collect funds to be used to provide the poor and needy with the essentials necessary to observe Passover. You may contribute to the Maot Chitim Fund by sending your contribution to organizations such as the United Synagogue, The Ark, or Federation. If you wish you may send a check made out to the Rabbi's Discretionary Fund and Rabbi Zimbalist will distribute it appropriately.

WELCOMING OUR FRIENDS

Passover is a time of fellowship and of family closeness. When individuals find themselves in a community without their own families or without many friends, the holiday can be extremely lonely. If you know of anyone who will be alone for the seders, ask them to join you. If you are an individual or a family who will be by yourselves, please call Rabbi Zimbalist so he can match you up with a family desiring to have guests. Those who wish to welcome people into their home for the Passover seders should let the synagogue office know of their availability.

BLESSINGS FOR THE CANDLES

Candles are kindled at sunset April 19 & April 20 and April 25 & April 26.

The following is said at the lighting of the holiday candles:

Baruch atah Adonai eloheinu melech ha-olam asher kideshanu be-mitzvotav vetzivanu le-hadlik ner shel (Shabbat v')Yom- Tov.

Blessed are You, Lord our God, King of the Universe, who has sanctified us, commanding us to kindle the (Shabbat and) Festival Lights.

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק
 נר של (שבת ושל) יום טוב.

On the first two nights add:

Baruch atah Adonai eloheinu melech ha-olam shehecheyanu, vekiyemanu vehiganu lazman hazeh.

Blessed are You, O Lord our God, Who has kept us alive, sustained us and enabled us to reach this season.

ברוך אתה יי אלהינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.

5779 PESAH GUIDE 2019

Through its rich and multi-layered symbols and rituals, Pesah is one of our most beautiful holidays.

Yet precisely because Pesah involves so many restrictions, we can sometimes lose sight of the underlying kavannah, or intention, of its foundational spiritual story of moving towards more freedom, light, and justice.

The Rabbinical Assembly (Conservative) has published a guide to preparing for Pesah that is comprehensive and detailed. It was also done with great care for the kavannah of this amazing holiday and time of year. You can find the full guide here: <http://www.rabbinicalassembly.org/pesah-guide>. If you have questions, please contact Rabbi Zimbalist, rabbizimbalist@bethjudea.org.

Removal of Chametz

We search our homes and remove all chametz. On Thursday night, April 18, we conduct a final search for chametz (bedikat chametz) in the home, wherever chametz may have been brought during the year. Before beginning our search, we recite the blessing of "al biur chametz."

After the search is completed, we declare all types of chametz in our possession to be dust and ashes, entirely annulled (bitul). These procedures, prayers and declarations are found at the beginning of most Haggadah books.

Chametz found during the search is set aside for burning the next day. The bitul is pronounced immediately following the final search, and again immediately after the burning in the morning, to include any additional chametz that may have come into one's possession in the interim. The destruction of chametz (biur chametz) in one's possession must be completed before Pesah, by mid-morning.

Sale of Chametz

The mitzvah of biur chametz is limited to foods under Jewish ownership and possession. Chametz that has been transferred to a person who is not Jewish person does not need to be destroyed. We can transfer our chametz through a legal and binding contract that gives one who is not Jewish full title to all chametz. You can use the form found elsewhere in this booklet to authorize Rabbi Zimbalist to act as your agent to sell your chametz.

Fast of the First Born

The day before Pesah is observed as a minor dawn to dusk fast day, observed only by firstborn children. The day commemorates the saving of the Israelite first born children from the tenth plague in Egypt.

Firstborns are exempted from the fast by attending a festive meal that is connected to a mitzvah such as the celebration of a circumcision or the completion of study of a tractate of the Talmud. Over the centuries, our rabbis developed the custom of timing their studies to complete a tractate of Talmud on the morning of Erev Pesah, so that there would be a special celebratory meal called a siyyum bechorot to exempt the firstborns from their fast.

All are invited to attend our morning minyan at 7:30 AM on April 19 and join us as we study the final verses of a Talmudic tractate.

Following services and study, we will celebrate with a special meal and wish one another a Happy Pesah (Chag Kasher v'Sameach).

*Breakfast will be sponsored by Rabbi Zimbalist in memory of his father, Chaim H. Zimbalist, Z'l.

The Mitzvah of Maot Chitim – Funds for the Poor

We are asked to give to the poor in order that they can provide themselves with matzah and other necessities that they require for observance of Pesah. To fulfill this mitzvah, you may send a contribution to Congregation Beth Judea, indicating "maot chitim" in the memo line, and Rabbi Zimbalist will distribute the collected funds.

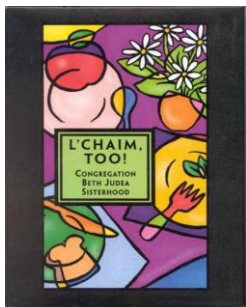
The Bare Bones Basic Seder (A Halachic Minimum)

Before the Meal:

1. Candlelighting
2. First Cup: Kiddush over wine or grape juice
3. Dips: Karpas
4. Breaking the Matza: Yachatz
5. Symbolic invitation to the poor and hungry.
6. Four Questions: Ma Nishtana
7. Storytelling ‘ “We were slaves”’: Avadeem Hayeenu
8. Four Children
9. Ten Plagues
10. Da-yeinu
11. Explaining Pesach, Matza and Maror
12. A selection from the first half of Hallel psalms
13. Second Cup
14. Eating Matza, Maror, and Korech
15. Meal

After the Meal:

16. Search for the Afikoman
17. Some form of blessing after meal: Barech
18. Third Cup
19. A selection from the second half of Hallel psalms
20. Elijah’s Cup
21. Fourth Cup
22. Folksongs: Echad Mee Yo-dei-a; Chad Gad-ya
23. Next Year in Jerusalem: La-Shana Haba-a
24. On the second night only: Count the Omer



**Need some new ideas for Passover?
L'CHAIM, TOO! can help!**



L'Chaim, Too! is a lovely notebook style cookbook with over 300 pages of kosher recipes collected from Beth Judea Sisterhood members, family and friends. Some are old favorites and others are new additions, but all are delicious!

Books are available for \$10 each through the synagogue office, in the Judaica Store or by calling Laura Zoller at 847-883-8801.

Try this Passover favorite: Passover Granola (pareve)

1C water	1 box matzah farfel
½ (1 lb) box brown sugar	½ lb sliced almonds
2 t cinnamon	1 (15 oz) box raisins
¼ stick margarine	

Boil water, brown sugar, cinnamon, and margarine, then set aside. Mix farfel, sliced almonds and raisins. Put dry mix on a cookie sheet that is covered with greased foil. Spread water/sugar mixture over the dry mixture and mix together. Bake at 325 for about 25 minutes, checking that the raisins don't burn. Spread mixture on counter to cool until it becomes crispy. After cooled, store in an airtight container.

[Click Here for Another Free Recipe](#)

Be sure to visit the Sisterhood Gift Shop for our amazing and unique seder plates, passover items and other unique gifts.

REMEMBER TO PURCHASE GIFT CARDS FOR YOUR PASSOVER SHOPPING FROM THE SYNAGOGUE – [click here](#) for the form