

# For All the Times of Your Life

A program about the women in our lives at any age

---

Please join us to hear from the following speakers:



Shalva

Sharsheret



Jewish Child & Family Services

Debbie Limer, Certified Health Wellness Coach

---

Afterwards you can meet with the speakers and representatives of other organizations.



Cost: Free

Who should attend: Everyone, men & women

Date & Time: April 25th, 7:30-8:00 check-in

Program 8:00-9:30

Location: Congregation Beth Judea

5304 RFD

Route 83 and Hilltop Rd

Long Grove, IL 60047

**The event is free, but please RSVP: [cbjsisterhoodevent@gmail.com](mailto:cbjsisterhoodevent@gmail.com).**

Any donations collected will be given to the Lone Soldier Center. The Lone Soldier Center is a program to help individuals who made Aliyah to Israel, are in the IDF, and are in need of assistance.